

6.2 Communication — Discussion Starters

Try This!

To start a discussion with your mentee, you may want to ask one or several of the following questions. Use any of the tools in this section.

1. What is your preferred method of receiving news?
2. What is your favorite expression?
3. How do you prefer to give constructive criticism? Do you typically wait for someone to ask for it? Why? Give an example of the last constructive criticism you gave or received.
4. What's your preferred way to meet new people? Why?
5. When have you had to agree to disagree? Why?
6. Describe who you think is an effective communicator either in your family, at work, school, etc. Why do you believe that this person is effective? What characteristics do they exhibit?
7. How do you feel about your communication style? Do you feel you are an effective communicator?